

# Schedule

The Christian Formation hour at Trinity is Sunday from 9:45 to 10:45 am.

A detailed schedule that includes the lessons for each week is available outside of each classroom and on the website at [www.trinityic.org](http://www.trinityic.org).

Unless noted below, Journey to Adulthood will meet each Sunday from Sept. 7, 2008 through May 31, 2009. Classes meet in Trinity Place, downstairs beneath the Parish Hall.

## 2008-2009

- Sept. 7 Classes begin
- Oct. 5 No class—Run for the Schools
- Nov. 30 Advent Wreath Making—Parish Hall
- Dec. 14 Cocoa and Carols—Parish Hall
- Dec. 21 No class
- Dec. 28 Intergenerational Event, "The Mystery of Christmas"—Parish Hall
- Jan. 4 No class
- Jan. 25 No class—Annual Meeting, Parish Hall
- Mar. 15 No class—Spring Break
- Mar. 22 No class—Spring Break
- April 12 No class—Easter Day
- May 24 No class—Memorial Day weekend
- June 7 Celebration of Christian Formation

*If you have any questions about Journey to Adulthood or our other Christian Formation opportunities for children and youth, please contact:*

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# Journey to Adulthood

6th-12th Grade



# The Journey to Adulthood

*The Journey to Adulthood is a youth ministry program of spiritual formation for junior and senior high students. It uses Bible study, prayer, rites of passage, outreach ministries and both serious and playful activities to underscore its core messages: 1) Manhood and Womanhood are free gifts from God, and 2) Adulthood must be earned. There are three two-year segments of the program:*

## Rite-13

The first two years focus on celebrating the individuality and creative potential of each young person. The Rite-13 liturgy (A Celebration of Manhood and Womanhood) is a community expression of this.

### **The Four Areas:**

With Jesus as our model, we seek to examine and strengthen all aspects of our human experience:

- Self (*Jesus increased in wisdom*)
- Sexuality (*Jesus increased in years*)
- Spirituality (*Jesus increased in divine favor*)
- Society (*Jesus increased in human favor*)

### **Goals:**

- To establish and maintain cross-gender friendships
- To establish church as a safety-zone in the midst of a crazy time of life
- To build a group that shares memory and experience

### **Rite of Passage:**

The Celebration of Manhood and Womanhood is a liturgical expression of the church's and the family's commitment to supporting the young people on their journey.

## J2A

The middle portion of the program engages youth with the skills and critical thinking involved in adulthood. The youth plan and embark on a pilgrimage together at the end of this segment.

### **Goals:**

- To celebrate the transition from youth to adulthood
- To help young people learn the skills of adulthood
- To explore the mystery of our faith heritage
- To establish our experience in the strength of community and liturgy

### **The Six Skills:**

- Active Listening
- Assertion
- Negotiation
- Research and Information Management
- Partnership
- Leadership

### **Rites of Passage:**

Using the adult skills learned in class, the youth go on an Urban Adventure after year one and plan and go on a Pilgrimage after year two.

## YAC

Young Adults in the Church (YAC) is mentor-based program helping older teens to discern and carry out a ministry within the church or the larger community. Vocation and development of a personal credo are also emphasized.

### **Goals:**

- To foster ownership of and participation in the ongoing life of the Church
- To promote the stewardship of time and talent

### **How we do it:**

- Provide opportunities to serve and celebrate in the Church
- Nurture individual spiritual development through Scripture, Reason, and Tradition
- As a community, discern our spiritual gifts and how those gifts can be used to answer God's call

*Former J2A members on their 2008 pilgrimage to Greece*

