

Schedule

The Christian Formation hour at Trinity is Sunday from 9:45 to 10:45 am. A detailed schedule that includes the lessons for each week is available outside of each classroom and on the website at www.trinityic.org.

Unless noted below, Journey to Adulthood will meet each Sunday from Aug. 28, 2011 through June 3, 2012. Classes meet in the Undercroft, downstairs beneath the Sanctuary.

2011-2012

Aug. 28	Classes begin
Aug. 28	J2A Student & Parent Dinner
Sept. 4	No Class - Happening Weekend
Oct. 7-9	New Beginnings Weekend
Oct. 9	No class—Run for the Schools
Oct. 29-30	Diocesan Youth Conference
Nov. 27	Advent Wreath Making—Parish Hall
Dec. 4	Cocoa and Carols—Parish Hall
Dec. 25	No class—Winter Break
Jan. 1	No class—Winter Break
Jan. 20-22	Diocesan Ski Trip
Jan. 22	No Rite-13 or J2A
Jan. 29	No class—Annual Meeting, Parish Hall
Feb. 24-26	Happening Weekend
Feb. 26	No J2A Class
Mar. 11	No class—Spring Break
Mar. 18	No class—Spring Break
April 8	No class—Easter Day
April 21-22	New Beginnings Weekend
April 22	No Rite-13 Class
May 27	No class—Memorial Day weekend
June 3	Celebration of Christian Formation

If you have any questions about Journey to Adulthood or our other Christian Formation opportunities for children and youth, please contact:

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Journey to Adulthood

7th-12th Grade



The Journey to Adulthood

The Journey to Adulthood is a youth ministry program of spiritual formation for junior and senior high students. It uses Bible study, prayer, rites of passage, outreach ministries and both serious and playful activities to underscore its core messages: 1) Manhood and Womanhood are free gifts from God, and 2) Adulthood must be earned. There are three two-year segments of the program:

Rite-13

The first two years focus on celebrating the individuality and creative potential of each young person. The Rite-13 liturgy (A Celebration of Manhood and Womanhood) is a community expression of this.

The Four Areas:

With Jesus as our model, we seek to examine and strengthen all aspects of our human experience:

- Self (*Jesus increased in wisdom*)
- Sexuality (*Jesus increased in years*)
- Spirituality (*Jesus increased in divine favor*)
- Society (*Jesus increased in human favor*)

Goals:

- To establish and maintain cross-gender friendships
- To establish church as a safety-zone in the midst of a crazy time of life
- To build a group that shares memory and experience

Rite of Passage:

The Celebration of Manhood and Womanhood is a liturgical expression of the church's and the family's commitment to supporting the young people on their journey.

J2A

The middle portion of the program engages youth with the skills and critical thinking involved in adulthood. The youth plan and embark on a pilgrimage together at the end of this segment.

Goals:

- To celebrate the transition from youth to adulthood
- To help young people learn the skills of adulthood
- To explore the mystery of our faith heritage
- To establish our experience in the strength of community and liturgy

The Six Skills:

- Active Listening
- Assertion
- Negotiation
- Research and Information Management
- Partnership
- Leadership

Rites of Passage:

Using the adult skills learned in class, the youth go on an Urban Adventure after year one and plan and go on a Pilgrimage after year two.

YAC

Young Adults in the Church (YAC) is mentor-based program helping older teens to discern and carry out a ministry within the church or the larger community. Vocation and development of a personal credo are also emphasized.

Goals:

- To foster ownership of and participation in the ongoing life of the Church
- To promote the stewardship of time and talent

How we do it:

- Provide opportunities to serve and celebrate in the Church
- Nurture individual spiritual development through Scripture, Reason, and Tradition
- As a community, discern our spiritual gifts and how those gifts can be used to answer God's call



Former J2A members on their 2008 pilgrimage to Greece