

February 17– April 4

Sundays:

7:15 am Matins
 7:45 am Holy Eucharist
 8:45 am Contemporary Eucharist
 11:00 am Choral Eucharist
 5:00 pm Evensong

Mondays:

6:15 pm Evensong

Tuesdays:

6:30 am Holy Eucharist
 7:15 am Matins
 12:15 pm Stations of the Cross
 6:15 pm Evensong

Wednesdays:

7:15 am Matins
 5:30 pm Holy Eucharist
 6:30 pm Evensong

Fridays:

7:15 am Matins

Saturdays:

8:00 am Matins

Shrove Tuesday, February 16

6:30 am Holy Eucharist
 7:15 am Matins
 5:00 pm Pancake Supper

Ash Wednesday, February 17

7:00 am Holy Eucharist with Ashes
 12:15 pm Holy Eucharist with Ashes
 7:00 pm Holy Eucharist with Ashes

Sunday, March 7

5:00 pm Choral Evensong

Wednesday, March 17

9:00 am St. Patrick's Activity Day

Friday, March 23:

7:00 pm Palm Cross making

Palm Sunday, March 28:

7:15 am Matins
 7:45 am Holy Eucharist
 8:45 am Contemporary Eucharist
 10:45 am Procession with Palms
 11:00 am Choral Eucharist
 5:00 pm Choral Evensong

Maundy Thursday, April 1:

6:00 pm Agape Dinner &
 Footwashing
 7:00 pm Holy Eucharist
 8:00 pm Vigil over the Blessed
 Sacrament thru the
 night

Good Friday, April 2:

7:00 am Eucharist with Reserved
 Sacrament
 7:30 am Matins and Great Litany
 12:15 pm Stations of the Cross
 4:00 pm Praying the Stations with
 Children
 7:00 pm Good Friday Liturgy

Easter Vigil, April 3:

8:00 am Matins
 8:30 pm Easter Vigil
 Followed by a Greek
 feast

Easter Day, April 4:

7:15 am Matins
 7:45 am Holy Eucharist
 8:45 am Contemporary Eucharist
 11:00 am Choral Eucharist
 5:00 pm Evensong

**Lent at
 Trinity
 2010**



Special Lenten Activities for Children and Families

The Alleluias

Children of all ages will decorate “Alleluias” and “bury” them in our Columbarium on **Sunday, February 14** after the 8:45 and 11:00 services. Make sure to join us on Easter Sunday to witness their transformation!

St. Patrick’s Activity Day

Wednesday March 17 9:00-11:30 am
Children ages 4-12 are invited to learn about St. Patrick through a morning of story, crafts, activities, and games. A snack will be provided.

Palm Cross Making

Friday, March 26 7:00 pm
Learn to make the Palm Crosses we will use on Palm Sunday. Enjoy desserts, coffee, and cider.

Easter Egg Coloring

Sunday, March 28 3:00-4:00 pm
Join the Zookeepers group to dye Easter Eggs together. Eggs and dye provided—come for fun and fellowship! The Zookeepers are made up of families with at least 1 child 12 or younger or people who want to hang out with families.

Instructed Eucharist

Tuesday, March 30 5:30-6:30 pm
For children ages 4-12.
Join us for a meal and to learn more about the origins and practices of the Sacrament of Holy Eucharist. Please R.S.V.P. to Meg Wagner at mwagner@trinityic.com or 337-3333 by Monday, Mar. 29 so we can plan for the meal.

Praying the Stations with Children

On **Good Friday, April 2** at 4:00 pm join us for an afternoon snack of Hot Cross Buns and a special Stations of the Cross walk especially for children and their families.

Easter Egg Hunt

Easter Sunday, April 4 after the 8:45 and 11 o’clock services. Children ages 10 and under are invited to join us in the courtyard for an Easter Egg Hunt!

LENTEN STUDY, REFLECTION & MEDITATION

Essays by Thomas Berry, *The Christian Future and the Fate of the Earth*

Wednesdays evenings February 24, March 3, 10 and 24 from 7:00-8:00 (after Eucharist service and common meal)

This course will focus on the renowned Roman Catholic theologian who, until his death last summer, wrote passionately about linking Christianity and ecology. Berry’s theology often sounds as much like Native American or Celtic theology as Catholic doctrine, but he believed that, when properly understood, Christianity can and must be profoundly ecological.

This study follows from our February Adult Forum series on science and religion, especially Sister Betty Daugherty’s presentation on Berry on Feb 14. Berry’s ideas are also very much in keeping with themes from our Feb 13 workshop on the Sixth Great Extinction. Those thinking of joining this Lenten study are encouraged to attend these other science and religion events.

Lenten Vigil

Wednesdays evenings February 24, March 3, 10 and 24 from 7:00-8:00 (after Eucharist service and common meal)

Each year during Holy Week we hold the Vigil of Repose, which begins after the Maundy Thursday service and lasts to the next morning. This Lent we will have the chance to experience that time of meditative peace throughout the weeks leading up to Holy Week. From 7:00-8:00 pm on Wednesday evenings, the sanctuary will be open for quiet prayer. Bring a book to read, art supplies, or simply an open heart. We will provide candlelight, icons, and recorded medieval chant. Come once for a few minutes or join us for all four sessions.

Lenten Yoga

Monday evenings at 7 p.m. Feb. 22, March 1, March 8, and March 22.

As we prepare to enter the Mystery of Easter, take time to explore your personal connection with God. This series of classes will focus on breath, movement, and how the discipline of yoga allows one to peel away the layers and be connected to God and one another in the purest way possible. All ability levels are welcome. Just bring a yoga mat and an open mind. Nora Boerner, Leader.

Foundations of the Faith

Classes are on ten Sundays beginning February 21st (some weeks omitted) 3-4:30pm.

This course is meant for a wide variety of “inquirers:” people new to the Christian faith or the Episcopal Church, people new to Trinity Church (Episcopalian or not), and people already members of Trinity. The topics put us all on the same “foundation of faith” and provide a healthy introduction to Christian and Episcopal understanding and practice. Most of all, it is a gathering of pilgrims, people who are responding to God’s call to go deeper on their spiritual journey. The topics range from prayer to Book of Common Prayer, from Episcopal identity to creative paths into the Bible. Holy Week and Easter preparations are included. All this in the midst of an inquiring, supportive community of pilgrims. The course also serves as preparation for those desiring to be Confirmed or Received into the Episcopal Church. Selected readings provided.

Bible Study

Three Bible study groups will continue their regular meetings throughout Lent. One group meets on the first and third Tuesdays of the month at 7:00 pm at Trinity to discuss the Book of Genesis. Another group meets on the second and fourth Wednesdays of the month at 7:30 pm at Trinity to discuss the Gospel of John. Finally, a group meets weekly on Mondays at 11:00 am at Oaknoll to discuss the readings for the following Sunday.

Stations of the Cross

From Ash Wednesday through Easter week those who wish to walk through the Stations of the Cross as a group should meet in the Nave on Tuesdays at 12:15 pm. Self-guiding pamphlets will be available for anyone wanting to follow the Way of the Cross for personal devotions and reflection at other times.

Labyrinth Walk

Gather at Old Brick at 12:00 pm on Good Friday, April 2 for a Labyrinth Walk and Taizé Chants. The Labyrinth is available to walk from 10-2 pm.

Lenten Retreat

This Lenten study series will introduce participants to selected experiences from the Spiritual Exercises of Ignatius of Loyola, with a healthy blend of Anglican spirituality incorporated throughout. We will start with a 1/2 day retreat on Sunday, February 21 from 1:00pm-4:00pm. The first retreat will introduce retreat participants to selected Spiritual Exercises and outline the forms and progression of the daily prayers. A daily prayer discipline is the emphasis of this series. We will meet at agreed upon dates during Lent to reflect and discuss our prayer experiences. The series will end with a second 1/2 day retreat on Saturday, March 27 from 9:00am-noon. To enroll, please sign-up in the Narthex or contact Trinity’s office.

SIGN UP FOR LENTEN GROUPS AND RETREAT ON THE BULLETIN BOARD IN THE NARTHEX.